

Community Enterprise / Community Kitchen visit 10.01.24

CEPL12 next board meeting takes place on 31st January therefore no report received this month, however, some of us attended the invitation to visit CEPL12 and learn more about what they do.

The Acting Chairman Peter Ryland started the meeting by welcoming and giving a brief overview of the service.

Peter then handed over to Chris the Kitchen Manager who provided a huge oversight of the volunteering service CEPL12 provide to the community and wider area – Cornwall and over to Plymouth.

Here are a few points of that meeting that felt important to share this evening:

For those who don't know, the idea of stopping food going to landfill came from Sho Frank – currently there is about 5 ton of food a year that no longer goes to landfill. Thank you Sho!

Donated food is received from Fare Share Plymouth, Waitrose, Lidl, Co Op Plymouth and Saltash, Rowes, Origin Coffee Porthleven, Tamblyns near Tideford, Food bank Saltash, Martin Dean Butchers, Factory Store, Greggs, Local School, and Gleaning.

Transport is run by volunteers and without them the donated food collections from the various locations wouldn't happen.

In setting up the community kitchen Weatherheads, Co Op, hubbub and HBH Woolacotts, have and continue to provide support such as kitchen units/installations, white goods, ovens, fridge/freezers etc, without their support it would be difficult to provide a service.

Exactly what CEPL12 does or doesn't do is endless – they ask if you are not sure please please contact Chris – chris.cook@cepl12.co.uk they will always find a way to help.

Not only do CEPL12 support the community and wider areas, they also work with and support traders in Fore Street by way of increasing the footfall, they assisted with the setup of Lovingly Local which has been successful for some years, and work closely with Scrapstore.

The above leads to many sad and happy stories they were able to share from those that visit the Community Kitchen.

So, how do they survive – grants, donations, public stopping by and offering stuff, Scrapstore, in-house appeals, canvassing charity shops.

So, who do CEPL12 support (the list is not exhaustive) – Livewire, Age UK, Core, Ukraine, Battling on (Veterans Group), Saltash Veterans, Tamar Valley Community Fridge, Junk Food Project, Lostwithiel Food Share, Outreach Paramedics, Repair Café, Southway Community Café, the garage project 80 meals 6 days a week to the homeless.....

CEPL12 have circa 130 volunteers including the Board of Directors but are always looking out for more, get in touch with CEPL12 if you are interested in volunteering.

The biggest sense is that everyone is welcome at CEPL12. Don't be afraid or worried about visiting, the volunteers are so welcoming and friendly.

There is so much more to learn about the service provided than what is covered in this report, please do find some time to contact Chris and arrange a date for him to give a talk at CEPL12 about what they do or pop by and speak to the volunteers in the Community Kitchen and number 4 shop. The tea and cake on arrival is good!

From myself and on behalf of Saltash Town Council, the biggest thanks to all the volunteers that allow CEPL12 to function and support our community and wider areas.

End of report
Town Clerk/RFO